



# ONE-STOP CLINIC

For Breast Cancer Care

[gehealthcare.com/onestopclinic](https://gehealthcare.com/onestopclinic)



## **STEP-BY-STEP GUIDE TO THE ONE-STOP CLINIC FOR BREAST CANCER CARE**

**THIS BROCHURE INTRODUCES THE  
“ONE-STOP BREAST CLINIC” THAT  
PROVIDES CONSULTATION, ASSESSMENT  
AND TREATMENT PLANNING FOR BREAST  
CANCER CARE. THIS IS A ‘ONE-STOP’  
SOLUTION DESIGNED BY GE HEALTHCARE.**

# Why set up a One-Stop Breast Clinic?

Women who have a suspected abnormality naturally experience anxiety while they wait for breast cancer diagnosis and a treatment plan. The One-Stop Breast Clinic is designed to help alleviate some of that stress by shortening, as much as possible, the time between exam, results, and treatment planning.

When an abnormality is detected in a patient's breasts, the objective of the One-Stop Breast Clinic is to provide consultation and assessment as short a time as possible, and within hours, to clarify, in just one visit, the nature of the detected anomaly. For this, the patient is supported by a dedicated multidisciplinary team of medical specialists—radiologists, oncologists, surgeons, pathologist/cytologists and nurse navigators—who will work with the patient to obtain a diagnosis and, if necessary, offer a treatment program.

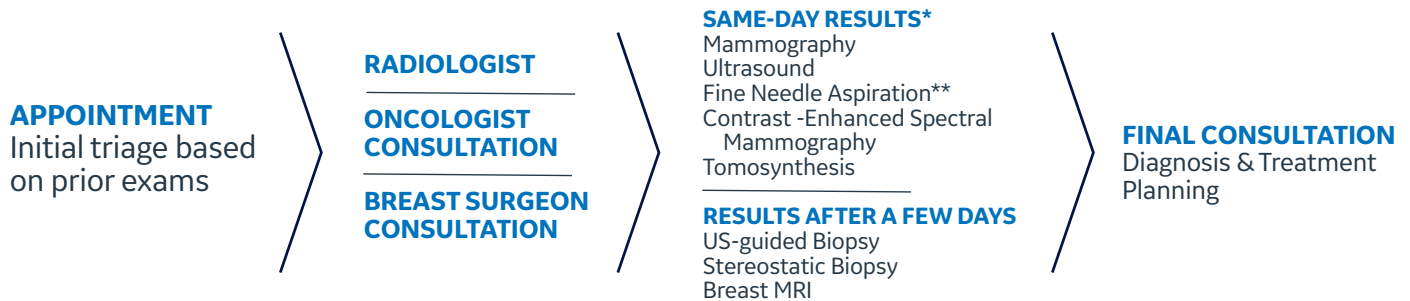
## One-Stop Breast Clinic

### **OBJECTIVES — One place. One team. One day.**

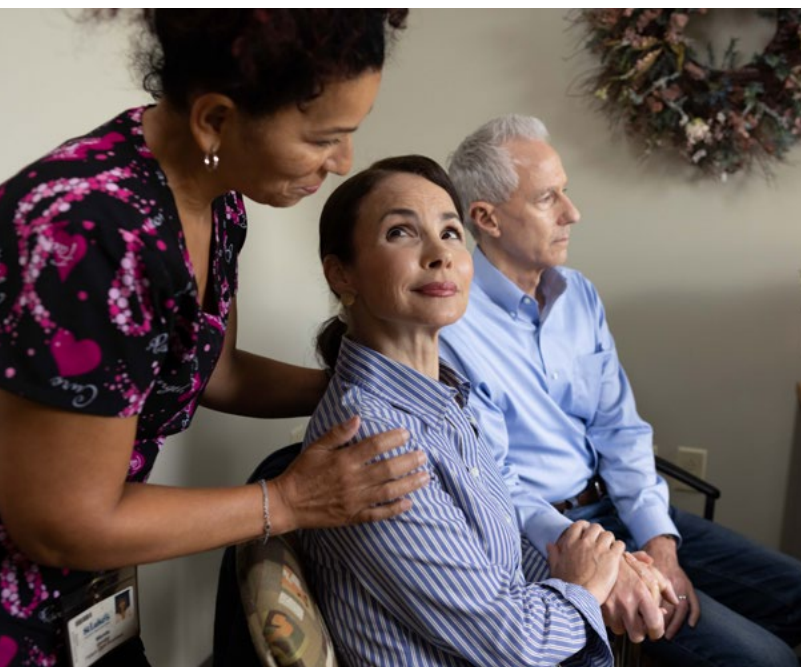
- Improve quality of diagnoses
- Reduce time intervals to render diagnoses
- Lower costs of procedures
- Improve patient experience and satisfaction
- Improve pain management
- Reduce patient anxiety
- Improve patient's information for use in recalls
- Improve care
- Improve appointment and travel logistics for patient
- Reduce time to treatment
- Improve access to care

# The One-Stop Breast Clinic:

A day in the life of a patient at the One-Stop Breast Clinic looks like this:



Upon arrival, the patient reports to the central reception area. She provides her name to the reception staff, who directs her to an administrative services professional so that medical and administrative files can be addressed. The patient is greeted by someone on the care team, and is given the appropriate direction by the Center’s administrative team.



The first consultation takes place with the multidisciplinary breast pathology team including a breast surgeon or a medical oncologist. The physician reviews her previous exams, discusses her personal and family history, and examines her.

Finally, the physician goes over all test results with her and discusses next steps and treatment options.

\*only pertinent in regions utilizing Fine Needle Aspiration

\*\* Fine Needle Aspiration is only used in certain countries and the timing depends on the use of this technology

# At the end of the first consultation, several scenarios are possible:

## DIAGNOSTIC RECEPTION CONSULTATION

Consultation with the surgeon  
Radiologist's opinion  
Consultation with the oncologist  
Additional tests

## SAME-DAY RESULTS AND DIAGNOSIS

Mammography  
Ultrasound  
Tomosynthesis  
Cytopuncture under ultrasound  
Contrast-Enhanced Spectral  
Mammography (CESM)

## RESULTS DELIVERED

Treatment program with scheduled treatments as necessary  
Simple monitoring as necessary

## SOME RESULTS MAY BE AVAILABLE

### A FEW DAYS LATER

Ultrasound biopsy  
Stereotaxy biopsy  
Breast MRI



# Beyond the diagnosis

The patient's therapeutic care is provided by the multidisciplinary team led by the chief physician of the breast pathology committee.

## The team, which meets regularly, typically includes:

- Breast oncologist surgeons (breast care specialists, gynecologists, and plastic surgeons)
- Medical oncologists
- Radiation therapists/oncologists
- Radiologists
- Pathologists
- Biologists
- Support physicians
- Medical assistants
- Paramedical team, nurse coordinators and/or and nursing assistants



## OTHER USEFUL INFORMATION

- Patients are referred to the One-Stop Breast Cancer Center for suspected lesions (BI-RADS 3,4,5).
- All patients with solid tumors receive fine needle aspiration (FNA) biopsy (or other type of biopsy procedure such as core biopsy, depending on region of the clinic) to rule out benign lesions and detect malignancy.
- Microcalcifications are biopsied with stereotaxy, and those patients receive a diagnosis within a few days.
- Patients with malignancy will have core biopsies at lumpectomy or surgery.

# Additional Information provided to the Patient

**As a healthcare professional, you may want to explain the different breast cancer stages:**

STAGE 0 AND 1	STAGE 2	STAGE 3	STAGE 4
If the cancer is detected at this time, the odds of survival are 95% to 100%. <sup>1</sup>	The cancer is still in the earlier stages but has begun to grow or spread.	The cancer is considered advanced with evidence that it has invaded surrounding tissues near the breast.	This stage indicates that cancer has spread beyond the breast to other areas of the body.

## **A few things your patient should be told before arrival:**

- The patient's administrative and medical information will be centralized in a single file and will be digitized and shared with the multidisciplinary team with confidentiality standards respected.
- The consultation may take several hours to an entire day. The patient should plan to bring reading materials or other activities.

**A reception guide for patients and their relatives is typically available on demand or at the One-Stop Breast Clinic site.**

## **RESOURCES**

GE Healthcare's One-Stop Breast Clinic:  
[gehealthcare.com/onestopclinic](http://gehealthcare.com/onestopclinic)

1. <https://www.who.int/news-room/fact-sheets/detail/breast-cancer>

**GE Healthcare** is a leading global medical technology and digital solutions innovator. GE Healthcare enables clinicians to make faster, more informed decisions through intelligent devices, diagnostic pharmaceuticals, data analytics, applications and services, supported by its Edison intelligence platform. With more than 100 years of healthcare industry experience and around 50,000 employees globally, the company operates at the center of an ecosystem working toward precision health, digitizing healthcare, and helping to drive productivity and improve outcomes for patients, providers, health systems and researchers around the world.



**Follow us** on Facebook, LinkedIn, Twitter and Insights , or visit our website [www.gehealthcare.com/onestopclinic](http://www.gehealthcare.com/onestopclinic) for more information.