

Resource List

GENERAL INFORMATION

AMERICAN DIABETES ASSOCIATION
www.diabetes.org
800-342-2383

AMERICAN DIETETIC ASSOCIATION
www.eatright.org

ASTHMA AND ALLERGY FOUNDATION OF AMERICA
www.aafa.org
800-7ASTHMA (727-8462)

CENTERS FOR DISEASE CONTROL AND PREVENTION
www.cdc.gov
800-311-3435

NATIONAL INSTITUTES OF HEALTH
www.nih.gov
301-496-4000

ST. LUKE'S EPISCOPAL HEALTH SYSTEM
www.stluketexas.com
800-872-9355

SPIRIT OF WOMEN
www.spiritofwomen.com
216-523-1300

THE PATIENT CHANNEL
www.thepatientchannel.com

CANCER

AMERICAN CANCER SOCIETY
www.cancer.org
800-227-2345

CHOLESTEROL

THE NATIONAL CHOLESTEROL EDUCATION PROGRAM
www.nhlbi.nih.gov
301-592-8573

DEEP-VEIN THROMBOSIS

COALITION TO PREVENT DVT
www.preventdvt.org

DVT INFORMATION
www.dvt.net
888-425-3071

HEART DISEASE

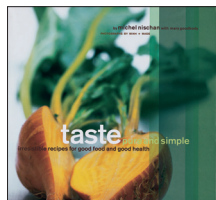
AMERICAN COLLEGE OF CARDIOLOGY
www.acc.org
800-253-4636, ext. 694

AMERICAN HEART ASSOCIATION
www.americanheart.org
800-242-8721

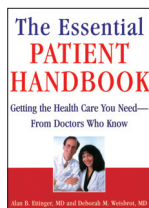
STROKE

AMERICAN STROKE ASSOCIATION
www.strokeassociation.org
888-4-STROKE (478-7653)

BOOKS & PUBLICATIONS



TASTE PURE AND SIMPLE
Michel Nischan
www.michelnischan.com
(203) 372-3680



THE ESSENTIAL PATIENT HANDBOOK
Alan B. Ettinger, M.D. and Deborah M. Weisbrot, M.D.
www.essentialpatienthandbook.com

HEALTH UPDATE
from American Hospitals Patient Guide Inc.
www.ahpgi.com
800-630-6210



TO RECEIVE *HEALTH UPDATE* FREE

Please fill out this form to get your free issues.

NAME/PHYSICIAN GROUP/HOSPITAL _____

CONTACT / SIGNATURE _____

ADDRESS _____

CITY / STATE / ZIP _____

PHONE _____

NUMBER OF COPIES _____

MAIL TO: American Hospitals Patient Guide Inc.
2050 Maxon Rd. Extension, P.O. Box 1031, Schenectady, NY 12301
FAX: (518) 346-1461 **CALL:** 1-800-630-6210